

CAREGIVING HOPE:

BEING PREPARED AND WILLING TO PROVIDE CARE IN THE FUTURE FOR SOMEONE LIVING WITH DEMENTIA

Information Sheet

BACKGROUND

There are currently over 6 million family members known as 'carers' who support someone with health problems at home. Carers currently save the UK £119 billion. Due to a rapidly ageing population more and more family members will be relied upon to provide care at home. Carers often report that health and social care professionals assume family members are willing and prepared and to provide care at home.



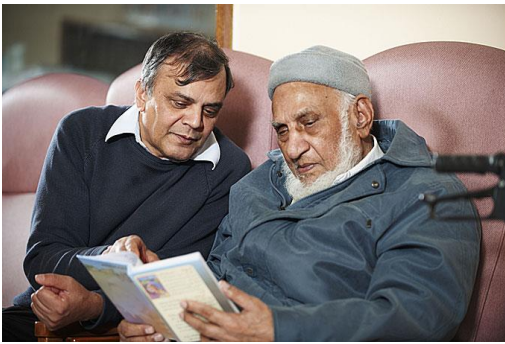
We would like to invite people aged over 18 years, who are not currently providing care for an immediate family member (spouse, parent, grandparent), to fill out a survey concerning their thoughts and feelings about caring in the future for someone living with dementia.

What do we want to find out?

We are interested in finding out how willing and prepared people would be to become a carer for a family member diagnosed with dementia in the future. We are also interested in finding out how people feel about dementia and what support they think they would need to care for a family member with dementia.

What is a carer?

A carer is anyone who provides unpaid care and support, for a friend or family member who due to illness, disability, or a mental health problem cannot manage without support.



What is dementia?

The word dementia is used to describe a group of symptoms such as memory loss, problems with spatial awareness, personality changes, problems with communication and judgement. There are lots of different types of dementia and the most common type is Alzheimer's Disease.

What do I have to do?

You can fill out the questionnaire whatever way suits you best. You can with this online version or we can send you a paper copy (with a FREE POST envelope). Whichever method you use, it shouldn't take longer than 20 minutes. Please get in touch if you have any questions. **By completing a questionnaire, you agree to be part of the project.**



Please only complete this questionnaire if:

- Aged over 18 years
- Are **NOT** currently a carer for an immediate family member (parent, spouse, grand parent) living with dementia
- You currently live in the UK

What will be done with the information?

The findings will help us to identify what aspects of caring for someone living with dementia impact upon people's feelings of preparation and willingness to do so. This will enable us to recommend and develop support for family members, helping them feel prepared and confident. The results of this project will be written up as reports and presented at conferences. No personal details will be used.





My English is not very good, can I still take part?

Yes! The team can speak and understand a number of languages including Hindi, Urdu and Punjabi. Please get in touch if you need support to complete the questionnaire

What are the risks and benefits?

It might be possible that you find responding to questions about your willingness to provide care and your wellbeing upsetting. If you become upset, you have the choice not to finish filling out the questionnaire.

For more information and study updates about Caregiving HOPE

You can follow us on Twitter:

@Caregiving HOPE

Please tweet using #caregivingHOPE

Our website:

<http://www.bradford.ac.uk/health/dementia/research/caregiving-hope/>

Will my taking part be kept private?

Yes! All your information will be kept confidential. Until the project is completed, we will store your completed questionnaire in a secure place separate place from your personal details, and then information will be deleted. We will not include any personal details in reports based on the information you have provided.



WHO WE ARE



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Ethics

All research is looked at by an independent group of people, called a research ethics committee to protect your interests. This research project was given a favourable opinion by the Chair of the Humanities, Social and Health Sciences Research Ethics Panel at the University of Bradford on 10 March 2017.

Complaints

If you have any complaints, please contact

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