**Section A - Participant information sheet**

**Study title: Investigating singing, listening, playing instruments and movement with music on BPSD and cognition of people living with dementia**

**In this research the following questions will be addressed:**

Main Research Question:

* What is the rationale of singing, listening, playing instruments and movement with music, on BPSD and cognition of people living with dementia?

Sub questions:

* How do singing, listening, playing instruments and movement with music compare when considering BPSD and cognition of people living with dementia?
* How does the proclivity of caregivers and music interventionists participating in Homeside influence the use of musical activities?
* How do music therapists consider using singing, listening, playing instruments and movement with music based on BPSD and cognition?

**Who is conducting the research?**

The primary researcher’s name is Sarah Crabtree, a PhD candidate at Anglia Ruskin University.

**Supervisor name**

This research is being supervised by Prof. Helen Odell-Miller, Dr. Ming-Hung Hsu, and Dr. Jonathan Pool at Anglia Ruskin University.

**Why have I been asked to take part?**

You have been asked to take part in this survey because you are a music therapist who has worked or is working with people living with dementia.

**How many people will take part?**

It is expected that 30 people will take part in this study however there is no limit to the number of individuals participating in the study.

**Am I eligible to take part?**

To participate in the study you must be a HCPC Registered music therapist in England and have experience working with people living with dementia.

**What are the benefits of taking part?**

Taking part in this research will benefit the understanding of how music therapists choose different activities in music therapy and to determine if there are correlations between certain symptoms and musical activities.

**Can I refuse to take part?**

Yes. You should take your time to think about whether you would like to take part – it is entirely your choice to make. Given the survey data is anonymised, if you do decide to take part, you may not withdraw the data as it is collected anonymously. If there is a problem with the survey results, you can contact the primary researcher up to 6 months after the deadline.

**Does the research have ethical approval?**

Yes. This research has been granted ethical approval from the Arts, Humanities and Social Sciences Faculty Research Ethics Panel at Anglia Ruskin University.

**What will happen to the results of the research?**

The results will be analysed and written up as part of a PhD thesis. The results will also be presented at relevant conferences and may also be published in academic journals.

**Who do I contact for further information?**

For more information, please contact the primary researcher

Sarah Crabtree

[sc1568@pgr.aru.ac.uk](mailto:sc1568@pgr.aru.ac.uk)

**Section B – Your participation in the research project**

**What will I be asked to do?**

The participant will be required to complete an online survey form using Online Surveys. It is estimated the survey will take 5-10 minutes to complete. The data inputted will automatically be saved once you finish and there will be no other participation required.

**Will my participation in the research be kept confidential?**

Yes, no personal data is required to be given to participate in the research. If you have questions or choose to share personal data, this will be kept confidential, and all data provided will be anonymised. You can also look at the Online Surveys GDPR information through the following link.

https://www.onlinesurveys.ac.uk/gdpr-and-online-surveys/

**Are there any possible disadvantages or risks to taking part?**

As mentioned previously, while every attempt to ensure anonymity will be made, there is a risk that personal information shared could be identifiable.

There are no foreseen disadvantages to taking part although due to the nature of reflecting on your music therapy work this may be stressful.

Should you feel uncomfortable answering the questions or feel distress you should take a break or consider withdrawing from the study altogether.

**What will happen to any information that is collected?**

Information that is provided will be recorded through the Online Surveys system until all responses are collected. Once the responses are collected the data will be deleted and kept with the primary researcher until the completion of the PhD.

**Complaints**

If you feel you would like to complain about the study or how it has been conducted and you feel this cannot be resolved through discussions with the research team, please contact [complaints@anglia.ac.uk](mailto:complaints@anglia.ac.uk) or via the postal address: Office of the Secretary and Clerk, Anglia Ruskin University, Bishop Hall Lane, Chelmsford, Essex, CM1 1SQ.