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## **Information and Consent Page for the Online Survey**

**Department of Epidemiology and Public Health  
School of Medicine  
University of Nottingham  
Clinical Sciences Building  
Nottingham City Hospital  
NG5 1PB**

**Study Title: Mapping the characteristics of yoga providers and the content of their sessions and types of student in the UK: a cross-sectional survey**

**Research Ethics Ref: 467-2001**

### **General information**

Thank you for your interest in taking part in this online survey. You have been invited to participate in this research as you are a yoga teacher/therapist. Your views and experiences are very important in shaping the final resource by helping us to understand the current yoga practice in the UK. Please read through this information before agreeing to participate.

We are a research team in the Division of Epidemiology and Public Health at the University of Nottingham. We are undertaking a research project which aims to map the characteristics of yoga providers and the content of their sessions and types of student in the UK.

You will be given some questions to read, and then answer these questions. It should take you about **10-15 minutes** to complete with a total of 25 questions. You will be entered into an optional/voluntary prize draw of **£100** upon completion of the survey as a token of appreciation. No background knowledge is required. If you decide to complete the online survey you are consenting to take part in this phase of the research. However, you would still be free to withdraw from the study at any time, without giving a reason and without any negative consequences, by advising the researchers of this decision. This would not affect your legal rights. The information you share with us in the online survey will be confidential and anonymous and will be used in this research project. The research data will be stored confidentially and anonymized in an encrypted laptop. You will not be identifiable in any report or publication. All research information will only be accessed by the research team [i.e. researcher, research supervisors] and regulatory bodies. All research data and records will be stored for a minimum of 7 years after publication or public release of the work of the research

### **How will your data be used?**

Your answers will be completely anonymous and we will use all reasonable endeavours to keep them confidential. Your participation in this study is entirely voluntary. You can withdraw at any point during the survey for any reason, before submitting your answers by closing the browser. The data will only be uploaded on completion of the survey by clicking the FINISH button. We have included a 'prefer not to say' option for each set of questions if you prefer not to answer a particular question. You are free to omit any question. Your data will be stored in a password-protected file and may be used in academic publications. Your IP address will not be stored.



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### **Who will have access to your data?**

The University of Nottingham is the data controller for the purposes of data protection. Designated individuals of the University of Nottingham may be given access to data for monitoring and/or audit of the study to ensure we are complying with guidelines.

Your data may be shared with other researchers in other Universities and organisations both inside and outside the European Union. This would be used for research in health and social care. Sharing research data is important to allow peer scrutiny, re-use (and therefore avoiding duplication of research) and to understand the bigger picture in particular areas of research. All personal information that could identify you will be removed or changed before the information is shared with other researchers or results are made public.

We believe there are no known risks associated with this research study; however, as with any online related activity, the risk of a breach is always possible. We will do everything possible to ensure your answers in this study will remain anonymous. We will minimize any risks by storing your data in an encrypted and password secured laptop. All research data and records will be stored for a minimum of 7 years after publication or public release of the work of the research.

The results of the study may be published in scientific journals and presented at scientific conferences. The data will be reported anonymously, with any identifying information removed.

If you have any questions about this project, you may contact the Lead Researcher Gamze Nalbant or if you have any concerns about any aspect of this study please contact the Research Supervisor: Dr Kaushik Chattopadhyay. If you remain unhappy and wish to complain formally, you should then contact the FMHS Research Ethics Committee Administrator, Faculty Hub, Medicine and Health Sciences, E41, E Floor, Medical School, Queen's Medical Centre Campus, Nottingham University Hospitals, Nottingham, NG7 2UH. E-mail: [FMHS-ResearchEthics@nottingham.ac.uk](mailto:FMHS-ResearchEthics@nottingham.ac.uk)

This study has been reviewed and given a favourable opinion by the University of Nottingham, Faculty of Medicine & Health Sciences Research Ethics Committee (FMHS REC ref no 467-2001).



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**Lead Researcher: Gamze Nalbant**

**Research Supervisor: Dr Kaushik Chattopadhyay**

**Department of Epidemiology and Public Health**

**School of Medicine**

**University of Nottingham**

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If you continue to the survey, you confirm that:

- I confirm that I have read and understood the information on the previous page
  - I am 18 years old and/or older
  - I understand that my participation is voluntary and I can end the study at any time and withdraw my data by closing the browser.
  - I understand that my answers will be anonymous.
  - I understand the overall anonymized data from this study may be used in the future for research (with research ethics approval) and teaching purposes.
- NEXT – to be taken to the survey.

NEXT – I consent to take part

Close the browser -- I do not give consent

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Thank you for participating!