

## RESEARCH STUDY PARTICIPANT INFORMATION SHEET

You are being invited to take part in a research study. Before you decide whether to take part, it is important for you to understand why the research is being done and what it will involve.

### CONTACT DETAILS

Principal Investigator: Jill Shaw, [jill.shaw@open.ac.uk](mailto:jill.shaw@open.ac.uk)

Independent contact: Amel.Bennaceur, [amel.bennaceur@open.ac.uk](mailto:amel.bennaceur@open.ac.uk), for any concerns related to this study.

### GENERAL INFORMATION

The purpose of this research is to evaluate injury trends in martial arts. We also want to understand the course of treatment (pursued or not) in response to these injuries. We aim to create a better injury reporting mechanism for recreational martial arts clubs, with the aim of ultimately identifying helpful interventions for coaches to further protect their students.

This work involves both a survey and (optional) follow-up interview/focus group.

This research project has been reviewed by, and received a favourable opinion, from The Open University Human Research Ethics Committee – HREC reference number: 4506.

### WHAT WILL I BE ASKED TO DO IF I AGREE TO TAKE PART?

Participation is **entirely voluntary**. Identifying information will not be shared outside of the research team.

You will fill out the survey on your experiences with martial arts injuries (or lack thereof). This will take 5 – 15 minutes, depending on how much you have to say.

You can opt into a follow-up interview, about which you will be emailed if you decide to leave your email in the online survey form.

Participation will improve the understanding of injury and treatment trends in martial arts.

### HOW WILL THE DATA I PROVIDE BE USED?

Survey data will be anonymised and shared with the research team for thematic analysis (looking for trends in quotes and descriptions) and quantitative analysis (calculating injury trends).

(Optional) interview data will add to the thematic analysis, providing additional (anonymised) quotes.

Identifying information (namely the optional email addresses) will be removed prior to thematic analysis. Identifying information (including any email addresses) will be kept on OU protected servers for up to 5 years prior to deletion. Email addresses and identifying information will only be accessible by Jill Shaw, PI of this project.

### YOUR RIGHT TO WITHDRAW FROM THE STUDY

You have the right to withdraw your optional email address from the study at any time by emailing [jill.shaw@open.ac.uk](mailto:jill.shaw@open.ac.uk). You cannot otherwise withdraw, because the data is immediately anonymised upon submission. You can, however, not finish the survey – closing the browser prior to submission – in order to prevent your data from being saved.

### HOW DO I AGREE TO TAKE PART?

To participate, please indicate your consent in the consent section at the beginning of the online survey.

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## THANK YOU

Thank you so much for reading this information sheet and participating in our study.

To be notified of any results to this study or others, or to find out about future studies in which you could participate, you can subscribe to our mailing list: <https://better-martial-arts.org/#subscribe>

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## DATA PROTECTION

The Open University is the Data Controller for the personal data that you provide.

The lawful reason for processing your data will be that conducting academic research is part of The Open University's public task. The consent we request from you relates to ethical considerations.

No personal data (name) will be shared outside of the OU and data will be anonymised prior to sharing beyond the PI, Wendi Bacon.

You have a number of rights as a data subject:

- To request a copy of the personal data we have about you
- To rectify any personal data which is inaccurate or incomplete
- To restrict the processing of your data
- To receive a copy of your data in an easily transferrable format (if relevant)
- To erase your data
- To object to us processing your data

If you are concerned about the way we have processed your personal information, you can contact the Information Commissioner's Office (ICO). Please visit the ICO's website for further details.