



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales



PARTICIPANT INFORMATION SHEET ASSISTANCE

CHIEF INVESTIGATOR: Dr Tessa Watts

Research Team

School of HealthCare Sciences

Eastgate House

35-43 Newport Road,

Telephone: 02922 510963

E mail: wattst1@cardiff.ac.uk

<https://www.cardiff.ac.uk/people/view/1460096->

Please may I introduce myself? My name is Tessa Watts and I am a Registered Nurse and Senior Lecturer in Nursing at Cardiff University. I am investigating COVID-19 distress among registered nurses and nursing students across Wales. I would be most grateful if you would read this information sheet and consider helping us by taking part in this project.

What is the project about?

We are interested in finding out how working in Wales during the SARS-CoV-2 pandemic (called the pandemic in this survey) and with patients who do and do not have COVID-19 has affected Registered nurses and nursing students (all fields). We are particularly interested in something called moral distress. This is a concept that describes the *“psychological, emotional and physiological suffering that may be*

experienced when we act in ways that are inconsistent with deeply held ethical values, principles or moral commitments". (McCarthy, 2013).

Who is funding the project?

The study is being funded by the Burdett Trust for Nursing, a leading UK charity for nurses.

Do I have to take part?

No, it is up to you to decide whether or not to take part. I would like to assure you that if you decide not to, it will not have any consequence for you.

What will happen if I decide to take part in the project?

If you feel satisfied that you have been given enough information about the project and would like to take part, you are asked to complete a brief, anonymised online questionnaire once. The online questionnaire, which has been pilot tested with Registered Nurses and Nursing Students, will ask about you, your life and work as a nurse during the Covid-19 pandemic. It will also ask you questions about your experience of moral distress associated with Covid-19, your mental health and wellbeing. Finally, you will be invited to share any further comments that you may have. It will take up to 25 minutes to complete the questionnaire.

What if I change my mind?

If you decide to take part in the study and later change your mind, you are free to drop out at any time without giving a reason and with no negative consequences. You can withdraw at any time before you have submitted the questionnaire. Once you have submitted the questionnaire your responses cannot be withdrawn.

Are there any disadvantages if I do not take part?

There are no disadvantages to you if you do not take part.

What are the potential risks of my participation in the study?

There are no physical risks of taking part in the study. We do not foresee any risks or costs associated with completing this questionnaire. However, we appreciate that thinking about your experiences could make you feel uncomfortable or distressed. The research team is unable to help you with this distress personally. If you need urgent or immediate help please contact your General Practitioner, General Practitioner out of hours service, the Samaritans, 116 123 <http://www.samaritans.org/> (24/7), Emergency Services or A & E, Health for Health Professionals Wales (nhs.wales) or Text FRONTLINE to 85258. We will also give you these contact details at the end of the survey as a reminder.

Will my taking part in this study be kept confidential?

Your information will only be used for the purposes outlined here. Cardiff University is the sponsor for this study. We will ask you to agree to take part in the study by giving an electronic signature of your initials. The survey will be anonymised, that means your name will be converted to a unique code and only the research team leader can match the responses to the code. We, the research team, will be using information from you in order to undertake this study and will act as the responsible data controller for this study. Cardiff University will keep identifiable information about you, that is to say personal data, for 6-12 months after the study has finished. Data collected will be stored for 15 years after the study has finished until the year 2037. Your information will be stored securely and will be kept strictly confidential except as required by law. Study findings will be published, presented at conferences and used in teaching, but you will not be individually identifiable in these publications. The findings for this study may also be available on the Burdett Trust website in time <https://www.btfn.org.uk/>

Your rights to access, change or move your information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. If you withdraw from the study, we will keep the information about you that we have already obtained. To safeguard your rights, we will use the minimum personally-identifiable information possible.

You can find out more about how we use your information at

<https://www.cardiff.ac.uk/public-information/policies-and-procedures/data-protection> or by contacting the University Data Protection Officer: inforequest@cardiff.ac.uk

What will happen to the results of the research study?

The results of the study will be published, in the usual way, in journals and may be presented at scientific meetings and conferences. Once published, the findings of this research may also be available on the Burdett Trust for Nursing (www.btn.org.uk).

Will I be told the results of the study?

You have a right to be informed about the overall study results. You can tell us that you wish to be informed by answering the relevant question in the online survey and providing us with an e-mail contact address so that we can send you a summary of the study findings in late spring/ early summer 2022.

Has this study received ethical approval?

This study has been reviewed and given a favourable opinion by Cardiff University School Of Healthcare Sciences Research Ethics Committee on 26th October 2021 [reference ID REC837].

Who can I contact about this study?

For more information about the study, please contact Dr Beth Jones, the project research associate at Cardiff University:

Telephone: 02920 687530

Email: jonesb94@cardiff.ac.uk

What if I have a concern?

If you have any queries or concerns about any aspect of this study, you should contact the research team (details above) who will do their best to answer your questions. If you wish to make a formal complaint about the way you have been treated, or any other aspect of this study, please contact Dr Kate Button, Director of Research Governance, School of Healthcare Sciences:
Email: buttonk@cardiff.ac.uk, or Telephone: 02920 687734

If you are harmed by taking part in this research project, there are no special compensation arrangements. If you are harmed due to someone's negligence, you may have grounds for legal action, but you may have to pay for it.

Thank you for your time and for considering taking part in this study. This sheet is for you to keep.